



BEANO

# REEMA'S DAUNTLESS DIA-VERSARY!



Has reading about Rhyming Reema inspired you to find out more about type 1 diabetes (T1D)?

Thanks to decades of research, we now know more about T1D including how to detect the condition earlier. Programmes such as The ELSA Study, which is open to families living across the UK, use these advancements in early detection to test children for their risk of developing type 1 diabetes.

Early detection can mean adjusting to life with type 1 diabetes is less frightening and children and their families can access the support they need sooner, and before they could potentially become unwell.

Read more about type 1 diabetes and early detection by scanning the QR code! This disease awareness advert is funded by Sanofi and created in partnership with input from Breakthrough T1D UK.

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ELSA

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# REEMA'S DAUNTLESS DIA-VERSARY!

My name is Reema and my rhymes are blam. My raps are sweeter than strawberry jam!

Boots 'n' cats 'n' boots 'n' cats 'n' boots 'n' boots...

Uh-oh - Reema met this dude exactly a year ago. - the Ed.

I'm Xbixxrgxh.

Graaaaah! where is the human called Reema, who always gets my name wrong?

Don't get upset, Brett! I don't even know your name.

There's no rhyme for that, Pat! now, what's eatin' at ya, Katja?

But you didn't know Gnasher was a boxer dog... a beat-boxer dog! - the Ed.

I just wanted to wish you a happy dia-versary! I got you a present but I forgot to bring it.

What's a dia-versary, Reema?

It's a year since you were diagnosed with type 1 diabetes, right?

Happy dia-versary, Reema! Would you like to speak to the class about your year?

If you like, Mike... er, miss!

Aw! that's sweet, Sanjeet!

That's right - type 1! I got presents and everything! but it's time for school, Abdul!

Now this is a story all about how / type 1 diabetes flipped my life right round.

So I'd like to take a minute / just let me share / how my pancreas decided it wouldn't play fair.

The pancreas takes care of all the sugar in your blood / makes insulin to burn off all the glucose from your food.

With type 1 diabetes your panky goes on strike / and without the insulin it makes, your blood sugars spike.

I met autoimmune type 1 diabetes a year ago today! it could have been real bad - I was not okay!

It doesn't go on strike, Reema! Your own immune system stops it working! - the Ed.

What happened?

Super-scary diabetic ketoacidosis / even though the sound of it is something quite atrocious...

Reema! Gnasher!

Sorry, miss! maybe now is not the time to rhyme?

I would say so!

The pancreas isn't making insulin!

Blood sugars spiking! Ketone levels rising!

Eek! that's diabetic ketoacidosis. Time to shut Reema down!

I remember that - you passed out. it was scary.

There's a chance I could have avoided it if I'd known the symptoms.

I was really thirsty, blurry vision, needing to pee all the time, losing weight, and being super-tired.

SYMPTOMS - excessive thirst, need to pee, blurry vision...

Happy dia-versary to you / happy dia-versary to you / happy dia-versary, dear Reema // happy dia-versary to you!

Screening can show if someone has a higher risk, and getting an early diagnosis can help avoid complications like I had.

And that's my story, Rory!

NIGEL PARSONSON