

A GUIDE TO DISCUSSING SCREENING WITH YOUR DOCTOR

This guide provides essential information and questions to help you confidently discuss autoimmune type 1 diabetes (T1D) screening with your doctor.



Think about what you know about autoimmune T1D and autoantibody screening, what you're unsure of and what you'd like to know more about.



Note any uncertainties you have about autoantibody screening (*for example, what the process involves or what happens when you get your results*).



Feel confident advocating for you or your family. This might feel hard, but it's important to make sure your needs are heard and that you get the answers you're looking for.



Know what you want to get out of autoantibody screening and find out how it can benefit you and your family.



You could be at risk of developing autoimmune T1D if...

- You or your loved one has a family history of autoimmune T1D^{1,2}
- You or your loved one has a personal or family history of other autoimmune conditions (e.g., thyroid disease)³⁻⁶

Feeling unsure? Talk to your doctor about your likelihood of developing autoimmune T1D.

WHAT TO ASK YOUR DOCTOR:

Below, you'll find topics you might want to know more about, along with questions that you can ask your doctor.

Find out what screening can do for you

Ask your doctor:

- What are the benefits of me or my loved one getting screened for autoimmune T1D?

Get an understanding of the screening process

Ask your doctor:

- What does the screening process involve?
- How is the test for autoimmune T1D different than what is used to screen for T2D?

Find out what comes next

Ask your doctor:

- How long does it take to get the results?
- What are the next steps when I get the results?



**IF YOU'RE THE TYPE TO GET AHEAD, BE THE TYPE TO GET SCREENED.
SPEAK TO YOUR DOCTOR ABOUT SCREENING TODAY.**

T1D, type 1 diabetes.

References: 1. Besser REJ, Bell KJ, Couper JJ, et al. *Pediatr Diabetes*. 2022;23(8):1175-1187; 2. Weires MB, Tausch B, Haug PJ, et al. *Exp Clin Endocrinol Diabetes*. 2007;115(10):634-640; 3. Cárdenas-Roldán J, Rojas-Villarraga A, Anaya JM. *BMC Med*. 2013;11:73; 4. Ludvigsson JF, Ludvigsson J, Ekblom A, et al. *Diabetes Care*. 2006;29(11):2483-2488; 5. Skov J, Kuja-Halkola R, Magnusson PKE, et al. *Eur J Endocrinol*. 2022;186(6):677-685; 6. Biondi B, Kahaly GJ, Robertson RP. *Endocr Rev*. 2019;40(3):789-824.

SANOFI, 46 Av. de la Grande Armée, 75017 Paris, France. ©2025 Sanofi Inc. All rights reserved. MAT-GLB-2503814-v1.0-07/2025